



MDI Community Sailing Center

Adult Program

HANDBOOK

2024

Clark Point Road, P.O. Box 116, Southwest Harbor, ME 04679
(207) 244-7905
www.mdisailing.org



The MDI Community Sailing Center: Summer hours of operation will be in effect during July and August.

Monday through Friday 9am-4 pm.
Saturday and Sunday 11am - 3 pm.

ADULT PROGRAM OPPORTUNITIES

- The use of boats for individual independent sails (for eligible adults).
- Coed Beginner Courses (one each in July/August)
- Women's Sailing Club on Mondays in July/August
- Women's Beginner Course in July/August
- Guest privileges - see the restrictions listed on Page 4.
- Private lessons must be scheduled in advance through our office.

ADULT PROGRAM REQUIREMENTS

Beginners - before becoming eligible to take boats out on their own, beginners must pass the sailing course or take private lessons and pass the qualifying test.

Experienced Newcomers - who wish to take the qualifying test, without taking lessons, must pay a non-refundable \$50.00 test fee and demonstrate to an instructor the below skills by steering a center Bullseye sailboat.

The required qualification skills:

1. Rig the boat.
2. Leaving the mooring
3. Sail all points of sail with proper sail trim
4. Execute tacking turns
5. Avoid unplanned jibes
6. Execute a controlled jibe
7. Execute a man overboard rescue - stop in open water and then resume sailing
8. A controlled return to the mooring
9. De-rig the boat
10. Secure the boat to mooring
11. Know the basic knots - stopper figure eight, cleat hitch, square knot, and bowline.
12. Identify designated sail area on a chart and aids to navigation

BEGINNERS SAILING COURSES

Six classes cover the skills listed above and aim to qualify each student to sail (skipper) a boat independently. Each meeting will begin with a brief classroom session before going out on the water with one instructor and two students per boat. **Spaces are limited for these courses.**

Coed classes will meet on Tuesdays and Thursday at 4:00 p.m. (rain or shine) and will be held indoors if weather conditions dictate.

- **Pre-registration** is required with payment of the course fee.



ADULT SAILING OPTIONS

MON	TUE	WED	THURS	FRI	SAT	SUN
Womens Group Sailing	Beginners Sailing Course	Women's Beginner Course	Beginners Sailing Course	Bullseye Racing 12 Noon	Members Open Sailing	Members Open Sailing
4-6:30 p.m.	4:00 pm	4-6:30 p.m.	4:00 p.m.	Call	11-3 p.m.	11-3 p.m.

STARTING AND ENDING DATES

	STARTS ON	ENDS ON
Mon. 4 p.m. (Women's Sailing)	July 1st	August 19th
Tues/Thurs. 4:00 p.m. Adult Beginner Courses	July 9th	August 22nd
Wed Womens Beginner Course	July 10th	August 14th

MEMBERSHIP FEES

- (A) **INDIVIDUALS:** Boat use 18 yrs and up \$ 425.00
- (B) **COUPLES:** (Household) \$ 525.00
- (C) **FAMILIES:** (3 or more) \$ 600.00.

RULES AND MEMBER OBLIGATIONS

- All participants must wear a U.S. Coast Guard approved (PFD) life jacket.
- All persons must be physically able and agile enough to safely participate, especially when transferring from one boat to another or rigging the boat.
- All participants must be willing and able, to row a center rowboat to and from the mooring field.
- Beginners must pass the sailing course and or the qualifying test to be eligible for membership and before taking boats out on their own.
- For safety reasons the number of persons in a boat shall not exceed the following: (Bullseye - 4), (Luders - 4) (Ideal 18-4) (J22-4)
- All sailboats must be left clean properly put away and secured to their mooring.
- No alcoholic beverages are permitted aboard any of the MDI Community Sailing Center boats at any time.
- Any and all damage or broken gear on a vessel no matter how small must be reported immediately after coming ashore to the instructor in charge or the front office.
- All boats **must** stay within the sailing boundaries indicated on the chart on page 5.



Guest Privileges - Members may bring guests to sail with the following restrictions:

- A qualified member must stay with their guests at all times.
- Each guest must fill out a registration form and sign a waiver of liability.
- A guest fee of \$25 per person per sail is required

TO RESERVE A BOAT FOR INDEPENDANT SAILING

1. You must be a qualified sailor before using any boat.
2. Boats are available all weekdays from 9 a.m. to 4 p.m. weekends 11 a.m. to 3 p.m. To reserve a boat, call the office 24 hours in advance at (207) 244- 7905. You may also email our front desk info@mdisailing.org
3. **Make wise decisions about sailing in rough wind or bad weather.** Always err on the side of caution. Check the marine weather prior to go sailing. Wind and weather conditions can change in a moments notice on the coast of Maine.

All members must review the nautical chart showing our sail area. Charts may be purchased at West Marine or Hamilton Marine in S.W.H. - (Chart number 13318) or (Waterproof chart number 105).

Any collision, grounding, damage or repairs needed, no matter how slight, must be reported to the office as soon as possible. Damage to a vessel is the responsibility of the member on board. It is not permitted to land a sailing center sailboat at any island or dock unless in an emergency situation.

PARKING is NOT permitted on the water side of the Sailing Center building at any time. Cars may be towed at the owner's expense. Sailing Center members must park on Clark Point Rd, or in a designated MDI Sailing parking space in front or alongside the Sailing Ctr. The Sailing Center rents its facilities from "Southwest Boat Marine Services". It is requested that no one be on the property (including the parking area on the waterfront side) before or after the Sailing Center's operational hours (listed on page 1).



MDI COMMUNITY SAILING BOAT USAGE FEES

2024

Name: _____ Date: _____

Home Phone: _____ *Email: _____

Permanent Address: _____
Street/PO City State Zip

Summer Address: _____
Street/PO City State Zip

Summer Phone: _____ Work Phone: _____ Cell Phone: _____

Sailing Skill Level: Beginner Intermediate Advanced

MDICSC BOAT USAGE FEE WITH MEMBERSHIP INCLUDED

Single Adult	\$425.00
Couple (Household)	\$525.00
Family (3 or more)	\$600.00

Additional Tax Deductible Contribution Enclosed to support MDICSC \$ _____

Make checks payable to MDI Community Sailing Center

Mail to: MDI Community Sailing PO Box 116 Southwest Harbor Me. 04679

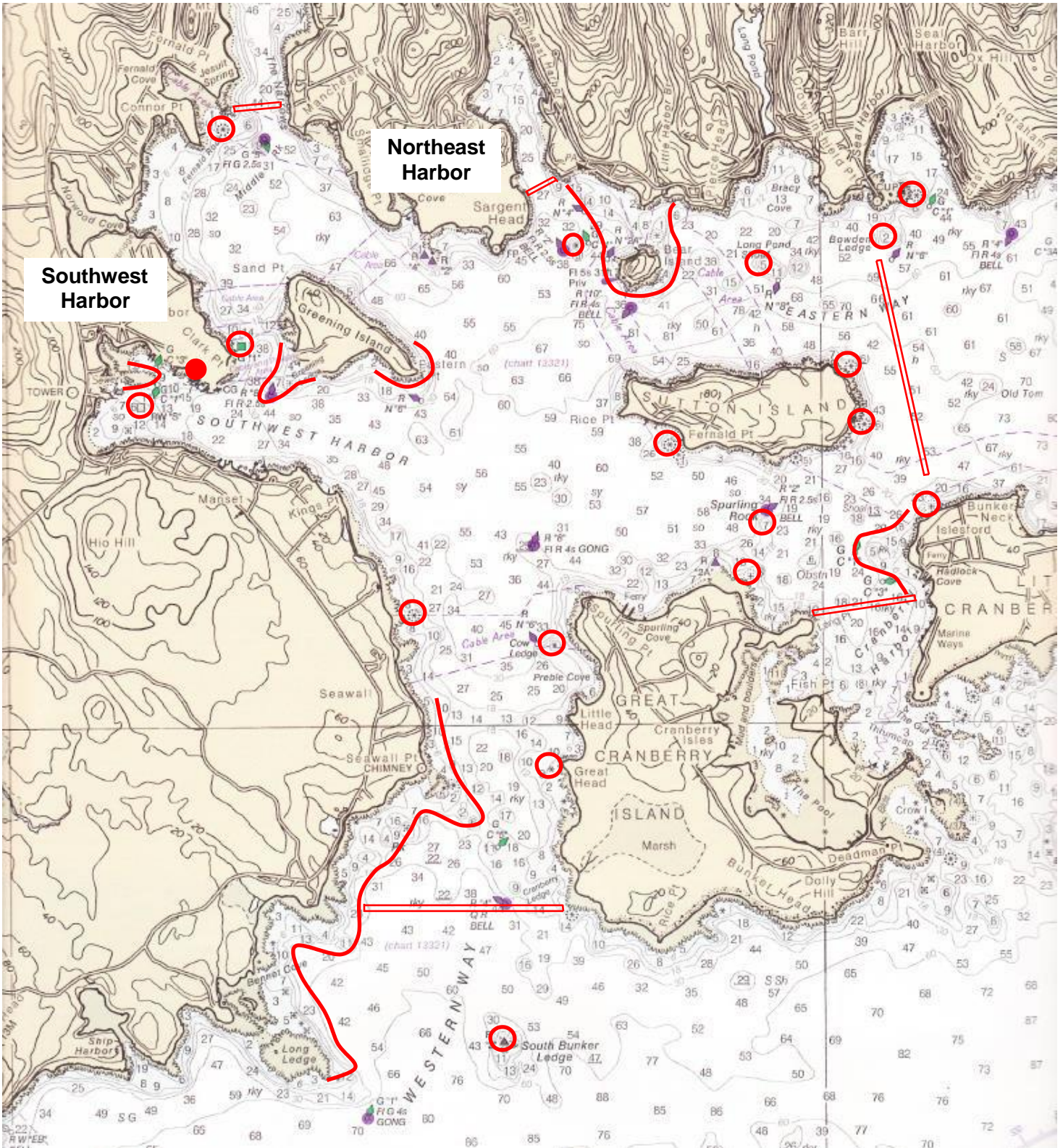
New members of The MDI Community Sailing Center must first pass a sailing proficiency test and then may take out a center sailboat during specified sailing times. Individual sailboat usage requires 24 hour reservation with our office staff.

I / We the above mentioned, assume all risks and hazards incidental to the contact of the activities involved with sailing / boating. I / We hereby waive all claims against the organizers, sponsors, Board of Director or any of the instructors in case of injury to my/our self.

Participants Signature (s): _____ Date: _____

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- ▬▬ Double lines - Do not sail beyond without prior permission.
- ▬ Single lines and circles mark shallow water and rock ledges.
- MDI Community Sailing Center.